

# Riverslea Retreat

He whenua onemata hei huinga kahurangi  
A **natural** place for groups to meet,  
work and relax together



## SAMPLE MENU

### Breakfast

#### Continental

Home-made Muesli

Cornflakes

Seed Bread

Cinnamon & Raisin Bread

Yoghurt – Plain & Fruit

Fresh Fruit Salad

Condiments – Local Jam & Honey

Marmite & Peanut Butter

#### Continental + Hot Breakfast

Free-range Scrambled Eggs

Home-made Hash Browns

Grilled Portobello Mushrooms

Grilled Tomatoes

Baked Beans

